



## SUMO

### INVITATION TO WEST-VIRU OPEN 2019 (European Sumo Cup)

#### I. ORGANIZER

Sport club "SAKURA" and Estonian Sumo Association

#### II. DATE & PLACE OF COMPETITION

Saturday, **March 14, 2020** VINNI SPORT COMPLEX,

Sõpruse 16, Vinni, 46601 Lääne-Virumaa, ESTONIA

<http://www.vinnisport.eu/>

#### III. WEIGHING 10:00 – 11:00

#### START OF COMPETITION

12:00

#### III. APPLICATIONS

ESTONIAN SUMO ASSOCIATION

Sõpruse 16, Vinni, 46601 Lääne-Virumaa, ESTONIA

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#### DEADLINE OF ENTRIES

Pre-registration **February 25, 2020**

Name Entries **March 9, 2020**

#### IV. PARTICIPANTS

All members of the International Sumo Federation

Competition will be held in the following categories:

**MEN:** -70kg; -85kg; -100kg; -115kg; +115kg and Open

**WOMEN:** -55kg; -65kg; -73kg; -80kg; +80kg and Open

#### V. REFEREES

every team must have at least one referee

#### VI. PARTICIPATION FEE:

**15 € per person**

#### VII. AWARDS

The medals, diplomas and prizes will be presented to the best three of each weight categories

#### VIII. PLACE OF ACCOMMODATION

Hostel of Vinni Sports Hall

Sõpruse 16, Vinni, 46601 Lääne-Virumaa, ESTONIA

Front desk tel.: 372 32 57164 and 372 56 695313

<http://www.visitestonia.com/en/vinni-sports-centre-hostel#>

**Welcome to Vinni!**





## International sumo camp "Vinni Sakura" INVITATION

**ORGANIZER:** SC Sakura Vinni and Estonian Sumo Association

**DATE:** **March 15-17, 2020**

**Until February 25, 2020 we are waiting for the list of sumotories who will take part in Vinni sumo camp.**

**PLACE:** Vinni Sports Complex is 10 km from Rakvere and 100 km from Tallinn.

**ARRIVAL:** March 13 or 14, depending on whether or not they participate in the European Cup West-Viru Open  
In technical and moshiai training on dohyo the program involves.

Experienced coaches from several countries take part in this sumo camp.

The main instructor is the **former Ozeki Baruto** (Kaido Höövelson)

**COST OF CAMP:** 30 EUR per participant per one day,

- accommodation
- three meals a day,
- free usage of dojo
- free swimming,
- free use of the gym and saunas

**TRANSPORTATION:** Please, let us know the day and time of your team's arrive and departure  
Organizers will provide transportation from/to Tallinn airport.

**INFORMATION:** Riho Rannikmaa, SC Sakura  
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With best regards,

President of SC Sakura  
Riho Rannikmaa