



# EUROPEAN SUMO CHAMPIONSHIPS

**U15 – Men and Women**

**U18 – Men and Women**

**OFFICIAL ANNOUNCEMENT**

**&**

**TOURNAMENT INFORMATION**

Estonia, Tallinn, 26st – 28rd September, 2025

## **I. PURPOSE:**

To internationally popularize and promote Sumo as well as establish mutual friendship and goodwill among participating European countries.

## **II. CO-ORGANIZERS & SUPPORTERS:**

- European Sumo Federation
- Estonian Sumo Association
- City of Tallinn

## **III. IMPORTANT DATES:**

**1. July, 15-** to inform if the national sumo federation will participate in the ESC or not and deliver preliminary submission of entries by number of competitors per weight category.

**2. August, 15** – the deadline for sending referees application.

**3. August, 15** - the deadline for hotel reservation.

**4. August, 31** – the deadline for sending entry forms.

**5. August, 31** – the TUE deadline (see item Doping Control)

**6. August, 31** - the deadline for corrections in the entry forms (changing names of athletes due to injuries or other unpredictable circumstances).

**7. August, 31** – the deadline for order meals.

## **IV. COMPETITION VENUE:**

The competition will take place at the Sõle Sportshall in Tallinn, Sõle 40a

## **V. THE TERMS OF PARTICIPATION:**

Participants shall be from national federations – members of the European Sumo Federation and countries approved by the EFS.

Competitors shall be men and women (U15, U18) who are registered to the Sumo Federation of each participating country. A competitor may participate in the competition only under the nationality appearing on his passport.

There shall be 3 competitors participating in a team of a country for the team competition and 1 substitute (a minimum of 2 competitors are allowed to participate in the team competition).

Only accredited participants will have access to the field of play and the surrounding area. Below mentioned areas will be protected by security.

## **VI. ACCOMMODATION AND MEALS:**

Accreditation is available to all athletes, coaches, referees and officials. The participant's accreditation for the ESC is issued only on condition of accommodation in official hotels, provided by the organizer.

### **Accommodation costs:**

**Hotel cat. A+:** 80 EUR/per person/per night with breakfast -**single room**

**Hotel cat. A:** 60 EUR/per person/per night with breakfast

**Hotel cat. B:** 50 EUR/per person/per night with breakfast

Places in hotel cat. B are triple rooms and are limited, the rule applies - first come, first served.

**If you miss the booking deadline**, the organizer will try to find the accommodation, but the price will be higher.

### **Cancellation policy:**

In case of cancellation, charges will be made in the percentage of the total accreditation cost.

Cancellations made 6-13 days prior to check-in: 50%

Cancellations made 1-5 days prior to check-in: 100%

Cancellations made on the day of check-in or no-show: 100%

NB! If participants do not use accommodations provided by the organizer, they will be required to pay a fee of 200 euro per person for accreditation otherwise they will not be allowed to participate.

**MEALS:**

10 EUR/per person/per lunch. Fresh meals delivered to the hall. If you would like also to order dinner – please write email to: [sumoliit@gmail.com](mailto:sumoliit@gmail.com), we will agree the price.

**VII. TRANSPORT:**

**Transportation fee:** 20 EUR/per person from airport in Tallinn and between hotels and venue. These transportation arrangements are only made for accredited participants who stay in the official accommodations reserved through the Organizers. Non-local Travel: The cost of airline flights for all participating athletes and officials between the participating country and Estland will be borne by the participating country.

**VISAS:** If you need visas, please inform immediately: [sumoliit@gmail.com](mailto:sumoliit@gmail.com)

**VIII. APPLICATIONS:**

All documents must be completed and submitted for application by e-mail only:

- Individual Application Form (entry forms delivered by Organizers)
- Team Application Form (entry forms delivered by Organizers)
- Accommodation Sheet (one form per country)
- Referees Application

Above mentioned documents has to be sent to [sumoliit@gmail.com](mailto:sumoliit@gmail.com) and Office of EFS: [tarozum@wp.pl](mailto:tarozum@wp.pl) Referees applications also to: [sergiopalumbo.sumo@libero.it](mailto:sergiopalumbo.sumo@libero.it)

**IX. FEES:****Entry Fees:**

1. U15 of € 30.00 per individual start and team of € 50,00.
2. U18 of € 30.00 per individual start and team of € 50,00.

**Accreditation fees:**

20 EUR/per each person in team (coaches, officials and so on, without referees, who will work during ESC).

Entry fees and accreditation fees should be paid during accreditation or before competition by bank transfer.

Coaches, referees, guests, officials do not need to pay entry fee.

**EFS membership Fee:** € 150.

## **X. COMPETITION RULES:**

### **The weigh – in procedure:**

Will be organized in two separate rooms – one for women and one for men. Moreover, the male athletes take part in this procedure wearing short leggings. Taking off it is not allowed. The weight, which will be shown by scale, will be reduce of 100 gram/per every male athlete as a weight of leggings. The female athletes have to wear a leotard. Taking of it is not allowed. The weight, which will be shown by scale, will be reduce of 200 gram/per every female athlete as a weight of leotard.

### **Tournament system:**

The tournament shall be conducted based on the Regulations on Competition and Regulations on Refereeing of the International Sumo Federation and European Sumo Federation. ESC will be organized in accordance with system of EFS – if amount of athletes in weight category will be less than or equal 5, will be used round robin system, if more – double repechage. EFS ensure computer and computer program to run tournament.

### **Referees issues:**

ESF will designate Head Referee of tournament and person, who will manage computer program. All national federations may nominate candidate for being referee by sending application. After verification of application by Chief of Referee in cooperation with designed Head Referee of ESC and Vicepresident of refereeing matters of EFS, EFS will announced referees. Sending the application does not mean that referee will work during the tournament. Work of referees will be paid by European Sumo Federation and the rate will depends on job evaluation.

To ensure impartial refereeing, the Head Referee will be appointed by the ESF from a country other than the organizer of the European Sumo Championships.

### **Athletes' outfit:**

- Competitors must wear mawashi (white or black) approved by the European Sumo Federation.
- The underpants may be worn by male competitors but must be in black colour only. Other colours are not allowed. The length of the underpants must cover half of the thigh, but can not cover the knees.
- Female competitors must wear a leotard under the mawashi. The colour of the leotard is not restricted.
- Each competitor is responsible for bringing his own mawashi, underpants or leotard.
- Country identification (Zekken) supplied by the host federation must be worn.

## Other rules:

- A maximum of 3 competitors (Senpo, Chuken, and Taisho) and 1 substitute may register for the Team Competition in the tournament. There is no weight limit.
- In the team competition, the championships shall be determined through the tournament system.
- The competition starts with the women's heavyweight, then the men's heavyweight, and so on.
- A substitute competitor may be swapped in the team competition only once. (2) In the Individual Competition, participants shall be separated into the following competition classes for tournament matches:

### U15 (born 2013 – 2010)

W	-40 kg	-45 kg	-50 kg	-55 kg	-60 kg	-65 kg	+65 kg	Open
M	-45kg	-52 kg	-60 kg	-67 kg	-75 kg	-85 kg	+85 kg	Open

### U18 (born 2010 - 2007)

W	-50 kg	-55 kg	-60 kg	-65 kg	-70 kg	-75 kg	+75 kg	Open
M	-55 kg	-60 kg	-70 kg	-80 kg	-90 kg	-100 kg	+100 kg	Open

Competitors in the individual competition are also able to participate in the team competition. Up to two competitors from one country can compete in one weight category.

## XI. COMPETITION PROGRAM:

	<b>FRIDAY 26st September 2025</b>	
Accreditation	<b>Hotel</b>	12:00-17:00* *it can be change due to for example time of arrival of plane
Weight in U15 and U18	<b>Hotel</b>	12:00-17:00
General Assembly	<b>Hotel</b>	17:00-19:00
U15 Draw	<b>Hotel</b>	19:00 or later

	<b>SATURDAY 27st September 2025</b>	
Meeting for referees	<b>Sports Hall</b>	09:00
Fights of U15	<b>Sports Hall</b>	10:00
Opening Ceremony	<b>Sports Hall</b>	12:00-12:30
Awarding ceremony	<b>Sports Hall</b>	Directly after competition
Weigh in for U18	<b>Sports Hall</b>	Due to the needs
Draw for U18	<b>Sports Hall</b>	End of weigh-in

	<b>SUNDAY 28st September 2025</b>	
<b>Championships of U18</b>	<b>Sports Hall</b>	<b>10:00</b>
<b>Awarding ceremony</b>	<b>Sports Hall</b>	<b>Directly after competition</b>

## **XII. AWARDING:**

Winners will get medal and diploma. Athlete, who win a medal must attend the awarding ceremony to receive their medal in person. Competitors must wear mawashi and if female – leotard, training wear is not allowed) at the ceremony.

### **XIII. DOPING:**

- (1) Doping tests can be taken by any athlete participating in the European Sumo Championships. This Competition shall be subject to the Doping Control under the IFS Anti-Doping Code. In accordance with the IFS Anti-Doping Code, each athlete in this competition shall be deemed to have agreed to be subject to the Doping Control procedures at the time when she enters this competition.
- (2) When an athlete in this competition refuses or evades sample collection, whether competition fails to comply with instructions of a Doping Control official, or when an athlete in this competition cannot complete the Doping Control procedures due to personal reasons such as returning home, etc., such conduct or circumstance may be considered to constitute anti-doping control rule violations. If an athlete in this competition is deemed to have committed an anti-doping rule violation, such an athlete shall be subject to sanctions under the IFS Anti-Doping Code.
- (3) Regardless of In-Competition Testing or Out-of-Competition Testing, an athlete whose blood sample is to be collected is required to take a rest of 2 hours after competition or training.
- (4) Each athlete is required to confirm the details of the IFS Anti-Doping Code and a doping test on the website of the International Sumo Federation: [http://www.ifs-sumo.org/pdf/IFSAnti\\_Doping\\_Code\\_.pdf](http://www.ifs-sumo.org/pdf/IFSAnti_Doping_Code_.pdf) SUNDAY 28rd September 2025 General Assembly Sports Hall 10:00 Championships of U18 Sports Hall 12:00 Awarding Ceremony Sports Hall Directly after competition
- (5) Athletes may have illnesses or conditions that require them to take particular medications or undergo procedures. If the medication required by the athlete to treat her illness or condition happens to be in the WADA Prohibited List, a Therapeutic Use Exemption (TUE) may give that athlete the authorization to take the needed medicine or method. To apply for a TUE form, download the TUE Form (updated form, please use the current form) from the IFS website <http://www.ifs-sumo.org>, complete the form and send all the necessary documents to: [tarozum@wp.pl](mailto:tározum@wp.pl)  
**No exceptions will be made.**

### **XIII. INSURANCE:**

Each National Federation is responsible for its competitors and must arrange for accident and health insurance as well as the civil liabilities for their competitors and officials during the events of the European Sumo Championships. The organizers and EFS will not be responsible and shall not be held liable for injuries or any other accidents during the events. The organizers shall provide first aid for injuries sustained during the Championships but shall not be held liable for such injuries or any other accidents. The organizers will not be able to treat any other ailments not due to injury (such as headache or stomach-ache).

### **XIV. CONTACT:**

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